

Who can be an MRC Volunteer?

During a public health emergency, volunteers from VT & NH with all background and abilities are needed.

- ★ doctors ★ nurses ★ clergy ★
- ★ interpreters ★ pharmacists ★
- ★ retirees ★ IT specialists ★
- ★ veterinarians ★ first responders ★
- ★ social workers ★
- ★ mental health counselors ★
- ★ administrative personnel ★
- ★ firefighters ★ dentists ★

There are no geographic boundaries to any emergency. Our membership and response area includes the Upper Valley communities of Vermont and New Hampshire.



For More Information Contact:
UpperValleyMRC@gmail.com
P.O. Box 1074 • Lebanon, NH 03766

To Register For Membership:
www.NHResponds.org or
www.OnCallForVT.org



Serving Vermont & New Hampshire Communities



Upper Valley Medical Reserve Corps

Engaging volunteers to strengthen public health, emergency response and stimulate community resiliency.

What is the Medical Reserve Corps (MRC)?

- ☆ A national organization under the US Surgeon General.
- ☆ Goal: to promote healthy living and prepare for and respond to emergencies.

Why was the MRC founded?

- ☆ On September 11, 2001, thousands of spontaneous volunteers could not be used due to liability, training, and management issues.
- ☆ To ensure that qualified volunteers are able to help in times of need, the Secretary of Health and Human Services launched the MRC in July 2002.



How do MRC volunteers help in emergencies?

- ☆ Conducting assessments
 - ☆ Staffing vaccination clinics
 - ☆ Staffing emergency treatment centers
- State and national deployment opportunities are also available in the case of a large scale emergency.



How do MRC volunteers help their community everyday?

- ☆ Providing preventative health screenings
- ☆ Presenting at health education events
- ☆ Participating in exercises and drills

What trainings are available to MRC volunteers?

- ☆ All trainings necessary will be provided to you free of charge by your unit.
- ☆ These trainings may include:
 - ☆ Introduction to Incident Command System
 - ☆ National Incident Management System
 - ☆ Personal Preparedness
 - ☆ Psychological First Aid
 - ☆ First Aid
 - ☆ CPR
 - ☆ Sheltering
 - ☆ & many more!

CEU's/CME's may be offered with some trainings.



Upper Valley MRC Unit includes the communities of:

Canaan, Dorchester, Enfield, Grafton, Grantham, Hanover, Lebanon, Lyme, Orange, Orford, Piermont, Plainfield and Upper Valley Vermont communities.